

# Good to Great Series

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PROGRAM OVERVIEWS

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# ABOUT US

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Our success mantra is "Good Is the Enemy of Great".

We focus on taking our clients from Good to Great, by assisting them in going from where they are to where they want to be.

As an organisation, Bon Impressions, deals with Coaching, Facilitation & Counseling and assists the clients in enhancing performance & productivity, bringing in work life balance, effective prioritisation, improving emotional intelligence, leadership skills, personal branding and non-verbal communication, in order to have a fulfilling and meaningful life.

We are dedicated to work with clients by supporting them for their best advantage, in expressing their highest potential to take their life from Good to Great.

We have certified coaches and psychologists, impart focused coaching, counselling and training/facilitaion to enhance behavioural and life skills.



# OUR CLIENTS

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Crompton

 **HDFC**  
MUTUAL FUND



Bank of India

ESSAR 

 experience  
commerce.



 **QUANTUM  
ADVISORS**

 **airtel**

**Neebal**  
Technologies

**Rotary** 



  
**Hero**

  
**L&T Infotech**



# PROGRAMS



## Growth Mindset

The attitude of ImPossible, it is an approach to life in which an individual believes that their talents, intelligence, and abilities can be developed further. Managers with a growth mindset seek opportunities to learn, gain new skills, enhance their existing skills, be confident in their failures & success, take things in stride, be resilient and take their tribe along towards success



## Personal Productivity

“Being busy is not the same as being productive.”  
It can often seem as though there are more techniques for managing time than there are hours in the day. Our Personal Productivity introduces participants to a few practical time management techniques, tools, attitudes, and show how to integrate them into daily working life, in order to priorities what really contributes to growth and success.



## 5 choices of Extraordinary Productivity

The 5 Choices to Extraordinary Productivity empowers people with clear discernment to avoid distractions and to accomplish the goals that matter most in their professional and personal lives. The 5 Choices not only produce a measurable increase in productivity but provide a renewed sense of engagement and accomplishment



## Emotional Intelligence

Emotional intelligence, also called EQ, is the ability to be aware of and to manage emotions and relationships. It's a pivotal factor in personal and professional success and remains at the top of the coveted leadership skills.  
IQ will get you in the door, but it is your EQ, your ability to connect with others and manage the emotions of yourself and others, that will determine how successful you are in life.  
This session is designed to bring awareness to our EQ and enhancing the same

# PROGRAMS



## Art of Articulation

Being able to communicate your intended message or idea in a clear and concise manner is what articulation is all about. It's the ability to choose better words to express yourself more clearly.

This program will sharpen the articulation skills and provide the participants with tools to become an effective communicator in their day-to-day interactions.



## Mindful Leadership

Mindful leadership is the new age leadership style in which managers consciously cultivate their ability to be present, open minded, and compassionate, when interacting with their teams and other colleagues and showing the same consideration for themselves.

Mindful leadership is a state of honesty about self and asking uncomfortable questions often.

Mindful leadership is about serving rather than being served.



## Mindful Communication

Taking it a notch up from mindful leadership; mindful communication is focusing on being able to respond rather than react, have difficult conversations and give constructive feedback.

Our responses can build bridges stronger than we can imagine, because people don't leave an organization they leave their managers.



## Negotiation skills

Taking it a notch up from mindful leadership; mindful communication Negotiation skills help us all areas of our life as it comes into play in all areas We negotiate ideas & opinions all the time

Effective negotiators communicate clearly, listen and comprehend what others say and use critical thinking skills to create a win-win for all involved

# PROGRAMS



## The Bulls Eye

“What we focus on grows” and hence what do we focus on?

Answer to, what are our priorities starts with where do we really wants to go and what do we want to achieve, what are our goals in various quadrants of our life And more importantly what makes them important to us

This program brings to the table an understanding of our ambitions and gives easy tools that can help us to stay on track to achieve our gals with deep sense of purpose



## Strategic Thinking

In today's highly competitive business environment, leadership must gain strategic planning and creative thinking skills for better planning and decision-making to obtain targeted goals.

the program brings focus on the importance of strategic thinking and planning, identify action steps for change and strategy planning, face challenges in strategy execution.



## Critical Thinking

Managers are drawn to make decisions that can have impacts not only on themselves , but their teams and the organization.

In this Critical Thinking and Creative Problem Solving session participants gain the knowledge and skills needed to leverage left- and right-brain thinking, analyze problems, spur creativity, and implement innovative ideas in a practical way for their workplace, teams and self



## Power of Personal Presence

Power of Personal Presence is a program that aims to support professionals exude confidence & self-assurance and assist in “looking the part” in their corporate and professional role.

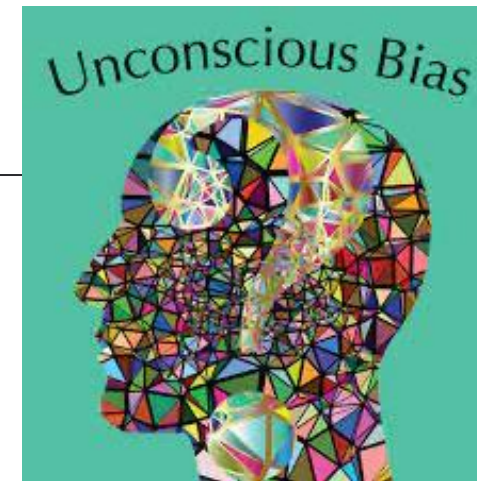
The program touches upon the importance of professional etiquette and gravitas to build deeper and long lasting relationships



# SIGNATURE PROGRAMS



im[possible]



ENCLOTHED  
COGNITION

## P.A.T.H

A corporate ready program for young professionals, that can support them in navigating a variety of aspects and challenges that they are likely to face

- Passion- Desire and Focus
- Action – Planning and Execution
- Talent – Resources and Skill development
- Harmony – Work Life Balance

## ImPossible

Are we programmed for Success?  
Can we turn impossible into ImPossible?  
Do we want to plan for our success or let it be a default process?  
This program works to bring participants in tune with their mind body and spirit so that they can work at going from Good to Great on an ongoing basis

## Unconscious Biases

Unconscious biases are the mental shortcuts based on social norms and stereotypes that we acquire through out lifetime experiences, which affect our interactions and organizations in a silent stealth manner  
This program seeks to sensitize the participants to their own unconscious biases, their blind spots and its impacts and ways to mitigate the same

## Enclothed Cognitions

Enclothed cognition illustrates how clothing impacts human cognition based on symbolic meaning and physical wearing of attires  
Going beyond the first impressions and understanding the science of “dress for the work you want and not the work you have” the program seeks to help understand how we can control our impressions and efficiencies to keep going from Good to Great



# CULTURE @ WORKPLACE



## Psychological Safety @Workplace

Psychological safety is the ability to show and employ one self without fear of negative consequences on self image, status or career. In workplace, it's a shared belief that we are safe for interpersonal risk taking. When employees feel comfortable in asking help, sharing ideas or challenging status quo fearlessly, organizations are more likely to innovate quickly, unlock the benefits of diversity and adapt change.

APPRECIATION

## Appreciation @Workplace

The number one factor for job satisfaction is not the pay we receive for our work but rather how appreciated we feel at work. Your employees probably join to earn money and sustain themselves but they stay for how the organization treats them.

The program focuses on creating a cultural shift where each one finds it safe to be appreciated one another and use



## Wellbeing @Workplace

In today's fast-paced world, it is becoming increasingly difficult to maintain a work-life balance and de-stressing holds paramount importance in the life of a professional.

Wellbeing @ Workplace assists to make the participants aware of the changes that they can make in various quadrants of their life to bring satisfaction and equilibrium. They learn tools that make their life more relaxed and balanced.



## Collaboration @Workplace

No professional works as an island, no matter the level they are at.

Collaborative workplaces have quick, clear communication, synergized thinking and collective problem solving that keeps in mind the larger picture.

Collaboration leads to creativity, innovations and problem solving.

# PROGRAM DELIVERY STYLE



## Training

One to many  
Knowledge transfer through imparting learning and materials or content to support topic  
Delivery of a topics in classroom teaching style with question and answers  
Using story telling, Audio Video, Case study and roles plays



## Facilitation

One to many  
Paving the way for thinking in a group setting  
Encourages the participants to think for themselves and learn through each other  
Learning to be collaborative, accommodating, enhance active listening all through the session's delivery style  
Using Story telling, audio video, group discussions



## Group Coaching

One to many  
Group coaching programs are cohort-based coaching with multiple clients enrolled together and having a guided experience through the same program with common developmental objectives  
Objcetuves are deifned by the organisation and may entail certain specific topcis that can aid the group in their forward movement



## Coaching

One on one  
An developmental approach that focuses on individual learning and developmental needs  
Coaching objectives are a combinations of organisation and areas that support growth  
Recurring in multiple sessions  
Coaching is a conversation between the coachee and the coach



# Programs at a glance





# Disclaimer

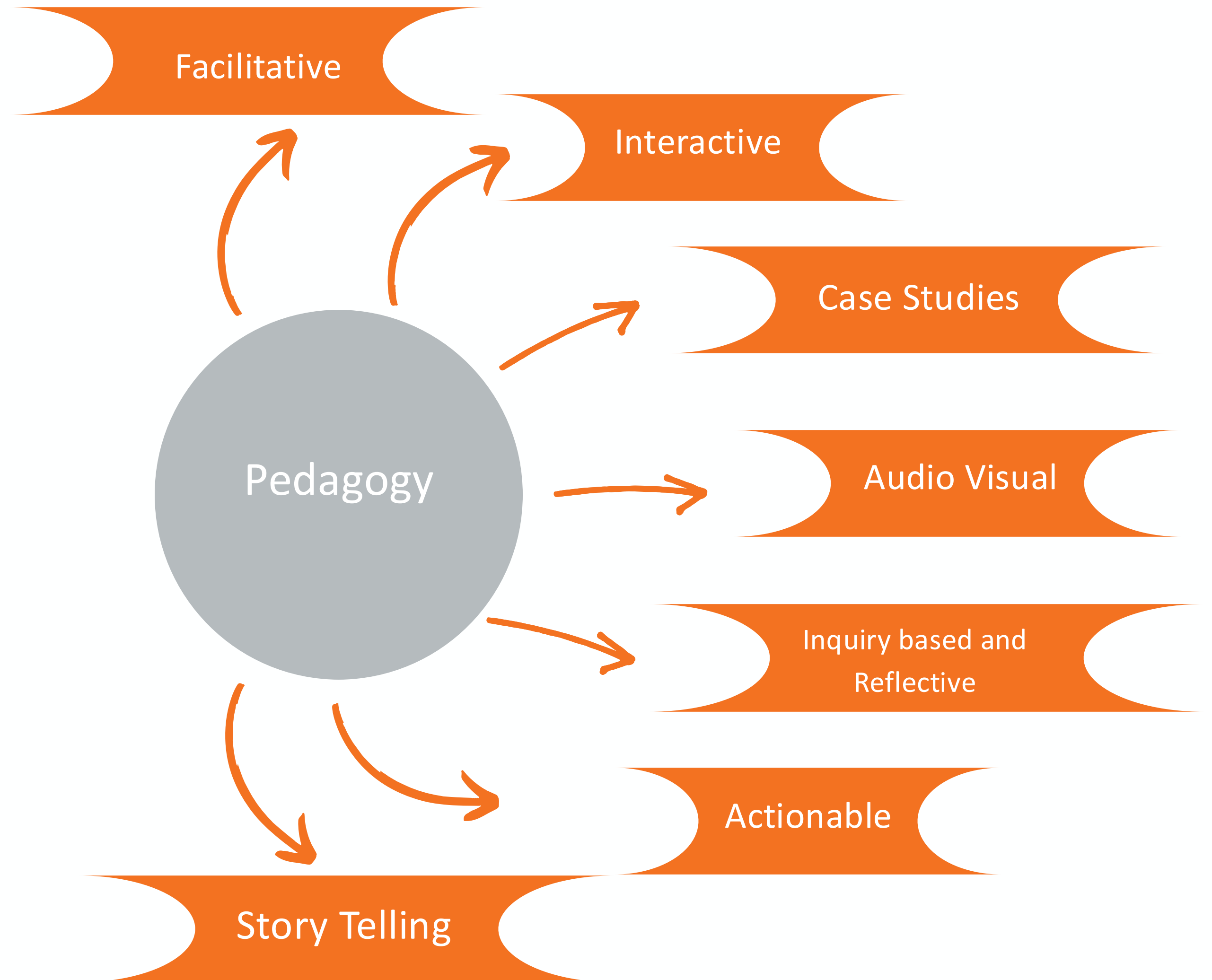
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We customize all our programs as per the training needs and the brief given by the organizations

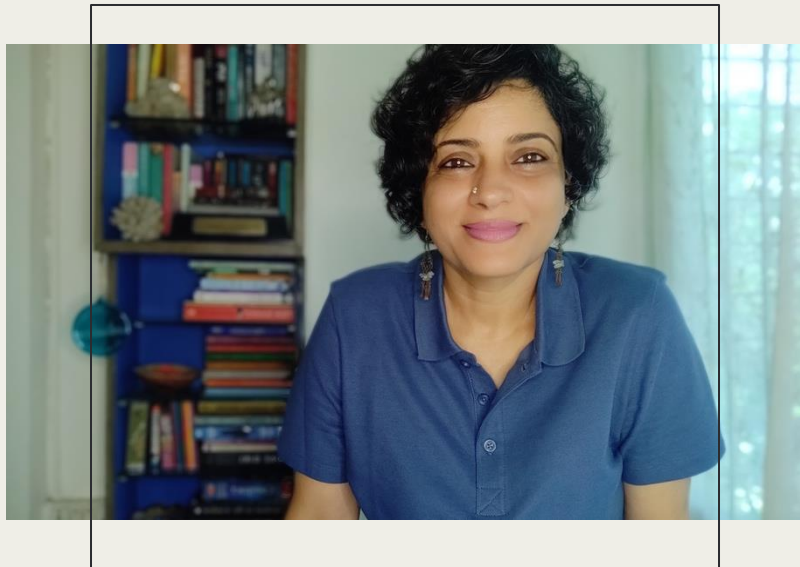
Delivery style will be customized as per the number of participants for each batch



Branding



# OUR FACILITATORS



## Founder & Principal Coach

### Nidhi Sharma

Fueled by the conviction that “Good is the enemy of Great. Nidhi is a seasoned Counselling Psychologist, Professional Certified Coach (PCC-ICF) & Career Coach , and a catalyst for igniting personal and professional growth.

She is a positive psychology practitioner who embodies the belief that each of us possesses infinite potential, waiting to be unlocked.

With a remarkable track record spanning over 14 years, Nidhi has established herself as a trailblazer in behaviour transformations, personal development, and fostering a growth mindset.

Nidhi’s unwavering dedication to her clients is evident through her extensive experience of conducting over 500 training sessions, empowering more than 2000 individuals from diverse backgrounds. Her core belief, rooted in the notion that “We are not our behaviour,” fires her commitment to assisting individuals in modifying their behaviour to create a truly fulfilling life.

Outside of her work, Nidhi finds inspiration in adventurous endeavors like trekking, marathon running. She is inspired by mythology to get deeper understanding of personal growth; drawing insights and learnings that inspire individuals on their own journeys.



## Associate Coach & Faciliator

### Mehernosh Randeria

- India’s First & Only W3 Coach
- Founder of W3 Success Academy
- Internationally Certified NLP Master Trainer
- Honorary Doctorate of Literature in Humanity - NLP
- Mission to help people discover and live a well-balanced life of
- Financial, Mental, Physical and Emotional Fitness.
- Coached and trained more than 9,000 individuals
- across more than 100 organisations across 18 nationalities.
- Author of 2 published books and 1 published research paper.
- Finance professional with rich multi-cultural corporate experience
- Recognised Expert in the field of Neuro Linguistic Programming (NLP)

# Thank you!

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FOR THE OPPORTUNITY

[www.bonimpressions.com](http://www.bonimpressions.com)

